



VOUS SPA

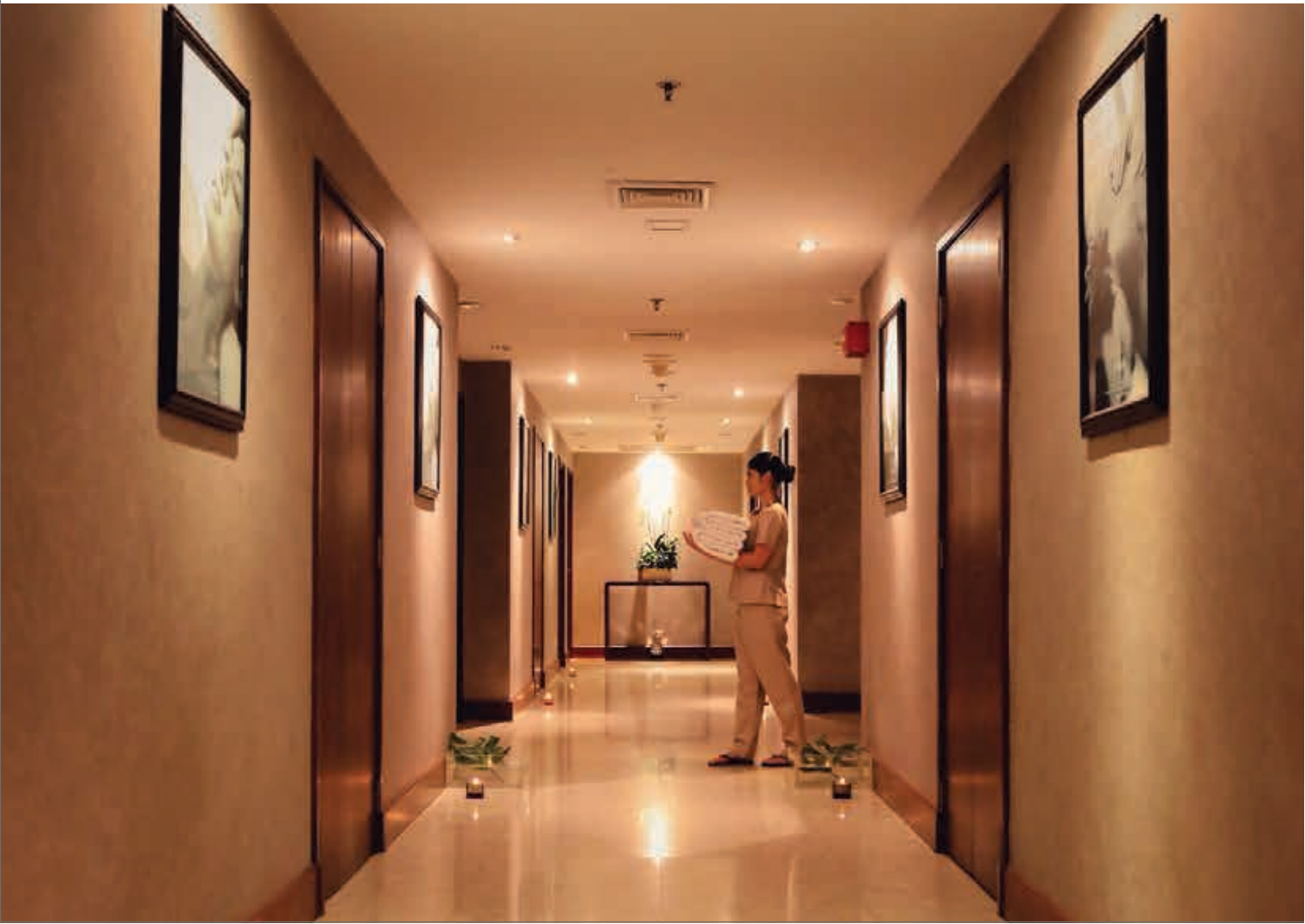
@ NOVOTEL BANGKOK
SUARNABHUMI AIRPORT HOTEL



VOUS SPA guides you on a personal journey to discover your path to **RELAX, RESTORE and REVITALISE** with a wide range of massage, facial and body therapies designed to reduce stress, recover from Jetlag and tiredness, giving you new life while relaxing your body and soul.

Restore your energy after a long flight with our famous signature treatment **JETLAG THERAPY**.

Your Luxury SPA begins Here...



SPA package

JETLAG THERAPY - SIGNATURE PACKAGE

2 hours / 3,900 THB NET

FEELING TIRED AFTER A LONG FLIGHT? Try our Famous Signature JETLAG THERAPY that provides immediate relief for travelers after a long flight. The benefit of using 100% natural warm aromatic oil combined with full palm and gliding strokes technique from top to toe particularly on back, feet and legs.

RELAX

2 hours / 3,900 THB NET

Choice of body massage - Jetlag or Swedish or Thai massage 90 minutes
Honey Milk Bath 30 minutes

RESTORE

2 hours / 4,200 THB NET

Choice of body scrub - Tamarind or Rice body scrub 30 minutes
Choice of body massage - Jetlag or Swedish or Thai massage 90 minutes

REVITALISE

2 hours / 4,700 THB NET

Choice of body massage - Jetlag or Swedish or Thai massage 75 minutes
ANNE SEMONIN Hydra Express Facial 45 minutes

REBALANCE

2.5 hours / 4,900 THB NET

Thai Heritage Massage 90 minutes
Relaxing Foot Massage 30 minutes
Head Massage 30 minutes

RE-ENERGIZE

3 hours / 7,200 THB NET

Choice of body scrub - Tamarind or Rice body scrub 30 minutes
Honey Milk Bath 30 minutes
Choice of body massage - Jetlag or Swedish or Thai massage 60 minutes
Thai Herbal Facial 60 minutes



ANNE SEMONIN

PARIS

ANNE SEMONIN BEAUTY RITUALS

Because every skin is unique, Anne Semonin treatments are designed to work with each other to offer guests the opportunity to establish, day after day, their own prescription in accordance with the needs of their skin, their lifestyle, their mood and weather conditions. The unique treatment combined with premium skincare products is the reason why Anne Semonin is considered as **one of the best skincare brands in the world over 30 years.**



FACIAL treatments

MIRACLE EYES TREATMENT ANNE SEMONIN

30 minutes / 2,300 THB NET

Anti-puffiness, anti-dark circles

An exquisite treatment specifically designed for the delicate eye area which brings together a unique combination of eye contour mask and a specialized lymphatic massage. Ideal for reducing the signs of aging and melting away stress. Anne Semonin cryotherapy ice cubes diminish puffiness and refresh the eyes.

HYDRA EXPRESS FACIAL ANNE SEMONIN

45 minutes / 2,300 THB NET

All skin types & conditions

Suitable for everyone, this clever combination of cleanser, exfoliator and mask allows even the busiest person to attain a look of instant freshness. The fast-effective results leave skin hydrated, soft and radiating with health. Complete the treatment with mini massage to refresh your body.

THAI HERBAL FACIAL Thai Ritual

60 minutes / 2,300 THB NET

All skin types & conditions

With traditional BEAUTY of Jasmine and Cucumber Mask will help to restore youthful appearance which makes the skin look fresher and cleaner. Complete the treatment with head, neck and shoulder massage to improve blood circulation.

100% SUPER ACTIVE FACIAL ANNE SEMONIN

90 minutes / 5,500 THB NET

Alternative to Botox treatment: Matured skin conditions

Signs of aging dissolve as the synergy of active ingredients in Anne Semonin Super Active range are gently massaged into the skin improving tone and elasticity. Maturing skins will appreciate the natural facial tension relaxing benefits of the new Super Active Cream, our natural alternative to Botox. Combined with the new Lift & Firm peel off mask made with pearl powder to lift, tone and radiate skin with a more youthful glow. Complete the treatment with mini massage to refresh your body.

ULTIMATE SKIN RENEW ANNE SEMONIN

90 minutes / 4,900 THB NET

Alternative to laser, peeling treatments, dark spots, acne scar, open pores, wrinkles

This medically inspired therapy brings together the gentle peeling action of micronized peeling powder with a deeper exfoliation from the magic resurfacing complex. Together the non-irritant formula softens visible imperfections on the skins surface, such as pigmentation and spots and diminishes wrinkles. Luxurious yet powerful, when used regularly, this treatment truly is the ultimate transformation for visibly younger and more radiant skin. Complete the treatment with mini massage to refresh your body.

SOOTHING SKIN SAVIOUR ANNE SEMONIN

90 minutes / 4,600 THB NET

Sensitive skin with allergy, calming, hydrating, restoring

The secret to soothing skin even the most delicate skin lies in the exquisite blending of minerals and essential essences. Skin is prepared with gentle cleansing and exfoliation before delighting in the application of the luxurious Cream Mask. The generous application of the algae and kaolin clay formula smooth and nourishes skin revealing a perfectly calm and soothed complexion. Complete the treatment with mini massage to refresh your body.



♾ MASSAGE therapies

VOUS SPA will pamper you with a selection of massage therapies from top to toe with a mixture of EAST and WEST



MASSAGE therapies

SIGNATURE JETLAG RELAXING MASSAGE 60, 90 or 120 minutes / 2,300 / 3,000 / 3,700 THB NET

Recommend for jetlag, insomnia and those who prefer Soft and Medium Massage.

VOUS's signature massage which using a combination of strokes and classical movement techniques, along with the specially blended signature aromatherapy warm oil that help to relief Jetlag after a long flight.

SWEDISH MASSAGE

60, 90 or 120 minutes / 2,300 / 3,000 / 3,700 THB NET

Recommend for those who prefer Soft and Medium Massage.

A perfect massage for anyone with muscle aches or muscular strain. The therapist will use several techniques on the muscles, ligaments and soft tissue to improve the function of your lymph system and for body-firming as well as rebalancing your energies.

THAI HERITAGE MASSAGE

Thai Ritual

60, 90 or 120 minutes / 2,200 / 2,900 / 3,600 THB NET

(Dry Massage)

Recommend for those who prefer Medium and Strong Massage.

Thai Heritage Massage or Thai Massage is a massage in Thai style that has been taught for centuries in Thailand, involves stretching and pressure point techniques without applying oil. It helps to restore energy and increase vitality.

THAI HERBAL COMPRESS MASSAGE

Thai Ritual

90 or 120 minutes / 3,200 / 3,900 THB NET

Recommend for those who prefer Medium and Strong Massage.

This treatment has been used for many centuries in Thailand. Herbs including ginger, turmeric, plai and lemongrass are wrapped in a muslin compress, steamed and applied through clothing during the Thai Massage Session, in gentle circular and rolling movements. It helps to relieve stiff muscles and joints, eases chronic pain and improves the skin condition while stimulating the senses to reduce mental fatigue and stress.



MASSAGE therapies

AROMA HERBAL COMPRESS MASSAGE

90 or 120 minutes / 3,200 / 3,900 THB NET

Recommend for those who prefer Soft and Medium Massage.

Herbs including ginger, turmeric, plai and lemongrass are wrapped in a muslin compress, steamed and applied directly onto the skin during Aroma Massage Session, in gentle circular and rolling movements. It helps to relieve stiff muscles and joints, eases chronic pain and improves the skin condition while stimulating the senses to reduce mental fatigue and stress.

HOT STONE THERAPY MASSAGE

90 or 120 minutes / 3,500 / 4,000 THB NET

Recommend for those who prefer Soft and Medium Massage.

This exotic treatment involves the application of soothing, smooth Volcanic Stone lifted from heated water to key points of the body with warm oils to give a deeply penetrating and relaxing massage.

MUSCLE RELEASE MASSAGE

60, 90 or 120 minutes / 2,500 / 3,200 / 3,900 THB NET

Recommend for those who prefer Strong Massage.

A technique using a deep massage movement and triggers points that concentrates on tension areas to release muscle tension. This treatment may create some tenderness in the muscles the following day.





SPECIFIC AREA massage

RELAXING FOOT MASSAGE

30, 60 or 90 minutes / 1,200 / 1,600 / 2,300 THB NET

Rubbing with full palm techniques by using essential product foot care on the parts of the foot especially to aid circulation and relax the muscles. It helps to relieve stress and tension.

BACK, SHOULDER & HEAD MASSAGE

60 minutes / 2,300 THB NET

A technique that uses medium to firm massage movement on three key areas; back, shoulder and head to relieve aching muscle.

HEAD MASSAGE

30 or 60 minutes / 1,200 / 2,300 THB NET

This massage using a pressure point and gliding stroke techniques to relieve tension in head and neck. A gentle yet powerful remedy for migraines, chronic headaches and insomnia.

DE-STRESS BACK RELEASE

30 minutes / 1,200 THB NET

Effectively short massage focusing on aching back muscles to instantly release back pain and tension.

BODY treatments

TAMARIND BODY SCRUB

Body scrub ~ Shower ~ Body nourishment

45 minutes / 1,900 THB NET

Tamarind extract is high in AHA and Enzymes and vitamin C. It helps to remove of dead skin cells, reduction of dark spots and skin degeneration.

RICE BODY SCRUB

Body scrub ~ Shower ~ Body nourishment

45 minutes / 1,900 THB NET

This body scrub leaves the skin silky-soft, sensually scented. Exfoliating particles become soft and glide over the skin.

SEA SALT BODY SCRUB

Body scrub ~ Shower ~ Body nourishment

45 minutes / 2,300 THB NET

An exfoliation with the Anne Semonin nude sea salt & white sand body scrub, leaving skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

ANTI-AGING BODY WRAP

Body wrap ~ Body nourishment

45 minutes / 2,900 THB NET

This anti-aging body cocoon will regenerate the skin to its best. Ideally after a body scrub, this nourishing naturally anti-oxidant red grapes body wrap, combine with a wonderfully soothing scalp massage will enhance body drainage, maximize hydration, plump and smooth the skin to perfection, while nurturing your body in a cloud of well-being.

ANTI-AGING BODY SCRUB & WRAP

Body scrub ~ Body wrap ~ Body nourishment

75 minutes / 4,900 THB NET

The naturally anti-oxidant benefits of this treatment will enhance body drainage, maximize hydration, plump and smooth to perfection, while nurturing your body in a cloud of well-being. An invigorating body scrub followed by a nourishing and anti-aging body mask is recommended.



IN ROOM treatments

JETLAG RELAXING MASSAGE

60, 90 or 120 minutes / 2,300 / 3,000 / 3,700 THB NET

Recommend for Jetlag, insomnia and those who prefer Soft and Medium Massage.

SWEDISH MASSAGE

60, 90 or 120 minutes / 2,300 / 3,000 / 3,700 THB NET

Recommend for those who prefer Soft and Medium Massage.

MUSCLE RELEASE MASSAGE

60, 90 or 120 minutes / 2,500 / 3,200 / 3,900 THB NET

Recommend for those who prefer Strong Massage.

THAI HERITAGE MASSAGE (Dry Massage) Thai Ritual

60, 90 or 120 minutes / 2,200 / 2,900 / 3,600 THB NET

Recommend for those who prefer Medium and Strong Massage.

BACK, SHOULDER & HEAD MASSAGE

60 minutes / 2,300 THB NET

RELAXING FOOT MASSAGE

60 or 90 minutes / 1,600 / 2,300 THB NET



HONEY MILK BATH

30 minutes / 1,200 THB NET

Pamper yourself with Honey Milk Bath while floating in a Jacuzzi of roses or orchid petals to soften, nourish and beautify the skin.

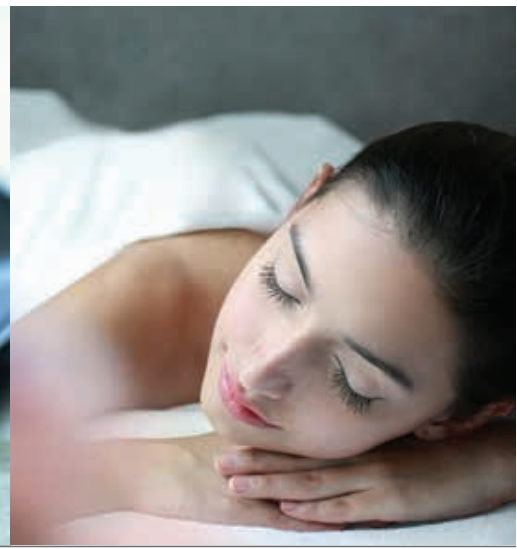
SPA MANICURE / SPA PEDICURE With Polish 1,120 THB NET / Without Polish 590 THB NET

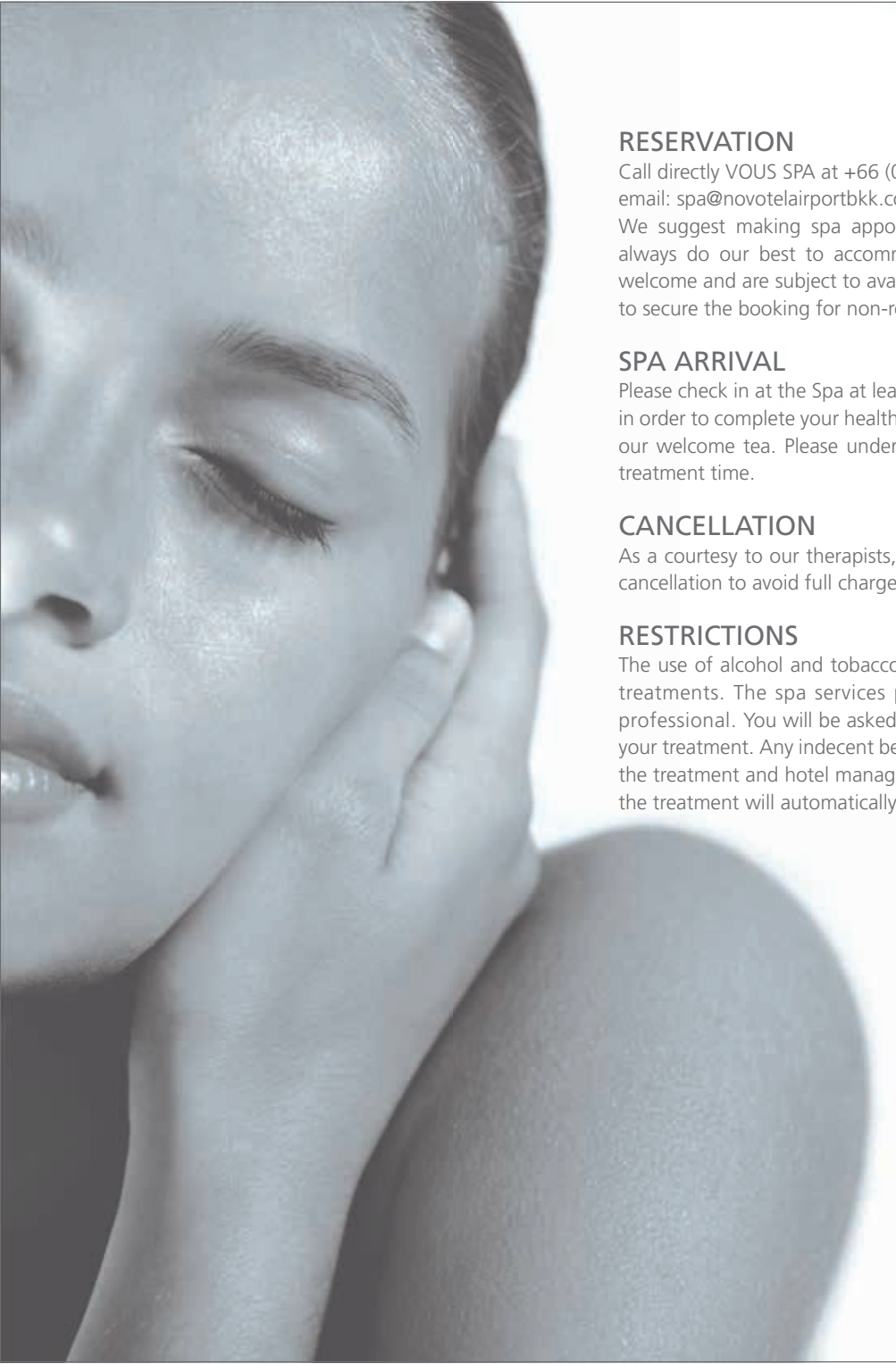
Available from 7:30am to 4pm

WAXING TREATMENT

500-2,000 THB NET

Available from 7:30am to 4pm Advance booking recommended





RESERVATION

Call directly VOUS SPA at +66 (0) 2 131 1111 ext. SPA or email: spa@novotelairportbkk.com

We suggest making spa appointments in advance; however we will always do our best to accommodate our guests. Walk-in guests are welcome and are subject to availability. A credit card number is required to secure the booking for non-resident guests.

SPA ARRIVAL

Please check in at the Spa at least 10 minutes prior to your appointment in order to complete your health assessment form and take time to enjoy our welcome tea. Please understand that late arrival will shorten your treatment time.

CANCELLATION

As a courtesy to our therapists, please give at least a 4 hours notice of cancellation to avoid full charge.

RESTRICTIONS

The use of alcohol and tobacco is strictly prohibited before and during treatments. The spa services provided in our VOUS SPA are strictly professional. You will be asked to wear a disposable underwear during your treatment. Any indecent behavior will automatically result in ending the treatment and hotel management will be informed. Full payment of the treatment will automatically be due.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all spa guests right to privacy and serenity.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

AGE REQUIREMENT

Please note that the spa is unsuitable for small children and babies. We try to ensure that all our guests benefit from our peaceful atmosphere.

WHAT TO WEAR

There is no need to bring or wear any special clothing. The spa will provide towels, robes, slippers and any amenities required for use during your spa visit.

VALUABLES

The spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.





SUARNABHUMI SPA BY VOUS WELLNESS & SPA

NOVOTEL BANGKOK SUARNABHUMI AIRPORT HOTEL

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Tel: (66) 2 131 1111 ext.1569 Fax: (66) 2 131 1188 email: spa@novotelairportbkk.com

www.novotelairportbkk.com

The management reserves the right to amend these rates without prior notice.

VOUS SPA is open from 7:30 am to midnight

ALL PRICES QUOTED ARE IN NET.