

## BODY RELAXATION THERAPIES



### HOT STONE RELAXING

90' | 1,500,000 VND

Melt away stress as smooth, heated stones are gently placed on key pressure points. This therapy promotes deep muscle relaxation and a profound sense of tranquility.



### BAMBOO RELAXING

90' | 1,500,000 VND

Feel tension dissolve with the rhythmic rolling of heated bamboo sticks, enhancing blood flow and easing sore muscles. A unique, soothing, and deeply restorative experience.



### THAI BODY RELAXING

75' | 1,550,000 VND

Rebalance your body and mind with Thailand's ancient healing practice, featuring gentle stretches and acupressure techniques to enhance flexibility and vitality.



### AROMA RELAXING

75' | 1,400,000 VND  
60' | 1,200,000 VND

Drift into bliss as soothing essential oils and expert techniques combine to release tension and improve blood circulation. Applied to suit every individual.



### HEAD-SHOULDER RELAXING

35' | 700,000 VND

Say goodbye to headaches and neck tension with this focused therapy that targets stress zones, leaving you feeling refreshed. A quick retreat for busy lifestyles.



### FOOT RELAXING

70' | 1,300,000 VND

Indulge in a herbal foot soak, followed by targeted acupressure and soothing techniques to relieve tension, restore balance, and rejuvenate tired feet.

## BODY HEALING THERAPIES



### DIGEST EASE & DEBLOAT

90' | 1,600,000 VND  
60' | 1,300,000 VND

This therapy combines Radio Frequency, Abdominal Massage, and Infrared Therapy to relieve digestive discomfort, reduce bloating, and restore balance, leaving you light and revitalized.



### INFRARED SAUNA DETOX

50' | 1,000,000 VND  
40' | 800,000 VND

Detoxify, reduce muscle pain, relieve cold symptoms, and boost circulation with infrared heat. This therapy rejuvenates your skin, improves sleep, and supports weight loss.



### COLON & LIVER DETOX WITH COFFEE ENEMA

150' | 2,000,000 VND

This natural therapy uses a coffee enema to cleanse the colon and liver, boost digestion, eliminate toxins, and improve skin health. A gentle, effective way to detoxify & refresh your body.



### BODY SCRUB

70' | 1,300,000 VND

Exfoliate, detoxify, and heal your skin with a soothing massage. Choose from our 3 luxurious exfoliating salts: Coffee, Lavender Salt, or Purifying Sesame, to restore your skin's natural glow.



### BODY SKIN POLISH

110' | 1,600,000 VND

Indulge in a luxurious body scrub to exfoliate, followed by a hydrating body wrap enriched with antioxidants and natural extracts, leaving your skin feeling soft, smooth and deeply nourished.



### SOUND HEALING

50' | 1,100,000 VND  
20' | 700,000 VND

FDA-certified therapy that promotes deep relaxation, enhances mental clarity, improves sleep, and reduces stress in just 20 minutes, Backed by 35 years of proven neuroscience.

## FACIAL THERAPIES



### LED MASK FACIAL

60' | 1,000,000 VND

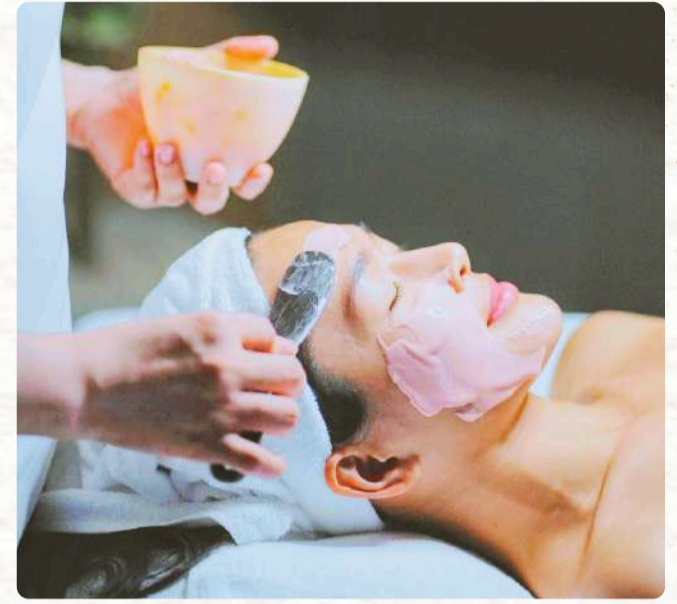
A quick and refreshing facial treatment featuring Bio-Light Technology, exfoliation, and Hydrasilk essence, followed by a soothing facial massage to hydrate and leave your skin glowing.



### DEEP EFFECT FACIAL

75' | 1,400,000 VND

A luxurious skin restoration therapy offering 3 tailored options: Multilayer Hydration for dry skin, Fresh Oxygen for dull skin and Bio-Silk Thread to calm and strengthen sensitive skin.



### VITAL COLLAGEN FACIAL

80' | 1,800,000 VND

This treatment features a relaxing facial and eye massage to relieve fatigue, followed by a concentrated fresh collagen mask for deep, enhanced absorption and rejuvenation.



### NEW SKIN REGENERATION

65' | 1,600,000 VND

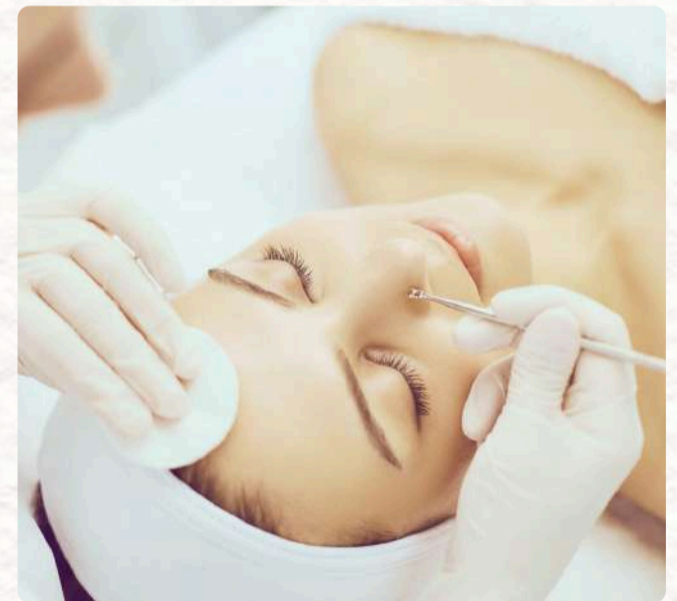
Brightens skin with a gentle enzyme peel, hydrating mask, quartz stone massage, and brightening mask. Perfect for brighter skin, oil control, dark spots, fine lines.



### SKIN FIRMING TREATMENT

90' | 1,800,000 VND

This specialized massage technique lifts and firms the skin, offering a sculpted, youthful appearance without the use of machines or invasive procedures.



### OIL & ACNE TREATMENT

110' | 1,700,000 VND

Target excess oil and acne with extractions, acne serum, a soothing mask, and violet light therapy to reduce redness and promote healing for smoother skin.

## INTENSIVE FACIAL TREATMENTS



### SKINLIFT THERAPY RADIO FREQUENCY (RF)



Improves skin texture & elasticity



Non-invasive, minimal discomfort



Tightens skin gradually

Advanced RF Therapy 110' | 2,800,000 VND  
RF Therapy 80' | 2,200,000 VND

SkinLift Therapy uses advanced Radio Frequency (RF) to stimulate collagen, improve skin texture, and gradually tighten the skin for a smoother, firmer appearance with minimal discomfort.



### ULTRALIFT THERAPY HIGH INTENSITY FOCUSED ULTRASOUND (HIFU)



More intense lifting & tightening



Non-surgical sculpting & contouring



Quicker, longer-lasting results

HIFU Therapy 20,000 VND PER SHOT

Ultralift Therapy uses high-intensity focused ultrasound (HIFU) to target deep skin layers to lift and tighten, offering non-surgical sculpting with faster, longer-lasting results.

## ITALIAN IPL HAIR REMOVAL



Using Italian-imported devices, this new IPL technology offers safe hair reduction, improves skin tone, and prevents regrowth, suitable for all skin types and sensitive areas.

<b>UNDER ARMS</b>	30'   900,000 VND
<b>BIKINI (FULL/SHAPING)</b>	80'   1,800,000 VND
<b>LOWER ARMS</b>	40'   1,200,000 VND
<b>FULL ARMS</b>	60'   1,600,000 VND
<b>LOWER LEGS</b>	50'   1,600,000 VND
<b>FULL LEGS</b>	80'   3,000,000 VND
<b>UPPER LIP</b>	30'   700,000 VND



## BODY SLIMMING & SCULPTING



Our non-invasive treatments combine various advanced technologies - Cryotherapy, RF, HIFU, Ultrasound Cavitation to reduce fat, tighten skin, sculpt curves with no downtime.

<b>BODY TRANSFORM</b> (20 Sessions)	120'   35,900,000 VND
<b>BODY TRANSFORM</b> (10 Sessions)	120'   18,900,000 VND
<b>BODY TRANSFORM</b> (01 Session)	120'   2,500,000 VND
<b>TUMMY AIR RELEASE</b> (01 Session)	40'   880,000 VND
<b>CRYO FAT REDUCTION</b> (01 Session)	60'   5,500,000 VND
<b>HIFU BODY SCULPT</b> (01 Session)	20,000 VND PER SHOT



## RELAXING HAIRWASH COMBOS



All of our hair wash treatments use organic herbal shampoos infused with natural botanicals, carefully selected to nourish the scalp and elevate your haircare experience.

**HAIR WASH & NECK-SHOULDER RELAXING** 40' | 400,000 VND

Unwind with a gentle hair wash and a soothing neck and shoulder treatment that melts away daily stress.

**HAIR WASH & FULL BODY RELAXING** 100' | 1,550,000 VND

A deeply relaxing full-body treatment followed by a refreshing hair wash — perfect for those in need of complete renewal.

**HAIR WASH & FACIAL SKIN RELAXING** 60' | 800,000 VND

A refreshing hair wash alongside a purifying facial featuring exfoliation, deep cleansing, and a soothing mask.



# PAMPER PACKAGES



## COUPLE PACKAGE 60'

**2,300,000**  
/2 Pax

Pamper yourself and your loved one with 1 of the following options:

- ☑ Aroma Relaxing (60')
- ☑ LED Mask Facial (60')

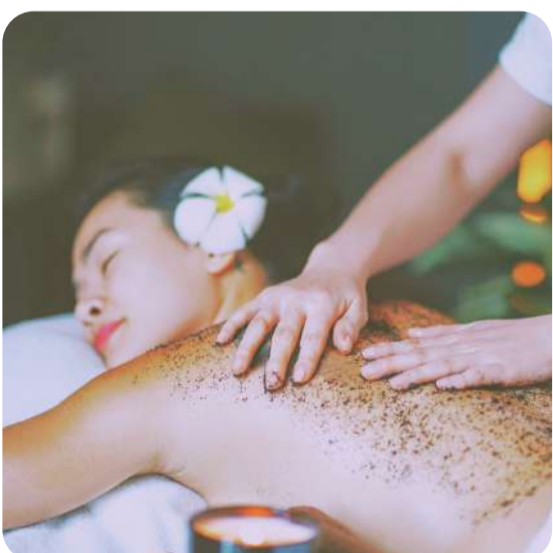


## DETOX&GLOW PACKAGE 100'

**2,000,000**  
/1 Pax

Revitalize body and skin with detoxifying package combining 2 treatments:

- ☑ Body Scrub (60')
- ☑ Infrared Detox (40')



## DUO PACKAGE 120'

**1,800,000**  
/1 Pax

This package includes 2 treatments of your choice:

- ☑ Aroma Relaxing (60')
- ☑ LED Mask Facial (60')
- ☑ Body Scrub (60')



## TRIO PACKAGE 180'

**2,700,000**  
/1 Pax

Enjoy 3 of our most loved treatments in 1 session:

- ☑ Body Scrub (60')
- ☑ LED Mask Facial (60')
- ☑ Aroma Relaxing (60')