



BY  
**Dilmah**

**FOOD & BEVERAGE**

## WELCOME

We believe that tea is a herb without an equal. First discovered as a natural medicine, a cup of fine tea brewed and served with respect, is imbued with a heritage of nearly 5000 years, and unique natural goodness. For centuries, fine tea has been the stimulus to intellectual thought, fomenting revolutionary ideas, inspiring poets, writers and rulers. Yet, today, the enjoyment of fine tea is a simple indulgence. By fine tea we do not mean ordinary tea, but tea that is made in the traditional, artisanal manner that honours the work of Nature in crafting the subtle sophistication in each tea. Good tea is not simply for drinking as any ordinary beverage, but deserves appreciation, as its fragrance, character, flavour, texture and strength are all formed by specific natural features of climate, environment and soil.

We are a family tea company, established by Dilmah Founder Merrill J. Fernando, the first tea grower to challenge the colonial model and offer tea drinkers around the world, tea that is genuinely ethical, handpicked, traditionally made and packed at source. The mission that the young teamaker committed his life to in the 1950s, was founded on presenting the pleasure in tea, through quality, freshness and purity of origin, and in doing so with integrity. That mission is fulfilled today in Dilmah Tea and the unique philosophy of Dilmah, that business is a matter of human service.

If you enjoy your visit to our t-Lounge, please ask our staff about membership to our The Leaf & Artisan Society. If you would like to share your comments or your tea preference, please email me on [dilhan@teainspired.com](mailto:dilhan@teainspired.com). Please see how your enjoyment of our teas is reflected in the faces of our workers and the wider community at [www.mjffoundation.org](http://www.mjffoundation.org) & [www.dilmahconservation.org](http://www.dilmahconservation.org).

**THANK YOU FOR CHOOSING DILMAH.**

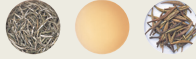


**MERRILL J. FERNANDO**  
FOUNDER, DILMAH



**DILHAN C. FERNANDO**  
CEO, DILMAH

## WHITE TEA



### CEYLON SILVER TIPS WHITE TEA

*A rare handmade White Tea from the Nuwara Eliya region of Ceylon grown at 6,000 feet elevation. The tender buds of the tea plant are handpicked at dawn, carefully carried in a silk pouch and entirely handmade. The pale liquor is surpassingly light and delicate. The beauty of the infused buds adds to the pleasure of this unique brew.*

GENTLE | AED 55

## OOLONG TEA



### SINGLE ESTATE OOLONG LEAF TEA

*Oolong originated in the 18th Century in the Fujian Province of China. The dark green, well twisted leaf produces mellow, pleasing liquor with a touch of greenishness. This is a delicate and mild tea, earthier than typical green teas, and lighter than most black teas.*

MILD | AED 35



### THE FIRST CEYLON OOLONG LEAF TEA

*Oolong is a fragrant and gentle tea semi-fermented and demanding precision in its manufacture. Traditionally originating from the Fujian Province of China, First Ceylon Oolong is the first oolong to be produced in Ceylon (Sri Lanka). Distinctive in leaf, aroma and liquor, Ceylon Oolong is a Single Estate Tea from the Galle District.*

MILD | AED 40

*I can think of nowhere I would rather be  
Reading morning papers, drinking morning tea  
- Brian Eno*

## OUR SIGNATURE TEAS SERVED HOT

Indulge in these Very Special Rare Teas handcrafted to perfection. These unique teas produce a delicate and refined infusion, gentle and refreshing on the palate. They can either be enjoyed on their own or matched with a dish as suggested. Or, if you're feeling adventurous you can create your own tea pairing and experiment with flavour.

*The 3 Principles of Dilmah*

### 1. TASTE

Dilmah Tea is packed garden fresh at source; offering genuinely ethical single origin Ceylon tea that is richer in aroma and has a natural taste.

*The 3 Principles of Dilmah*

### 2. GOODNESS

A commitment to purity of origin, to honour the influence of nature in every leaf and offer tea that is rich in natural goodness.

*The 3 Principles of Dilmah*

### 3. PURPOSE

A family tea company, established to share their love for tea and desire to offer genuinely ethical tea. Dilmah's philosophy, "Business is a Matter of Human Service", allows consumers to indirectly become a part of a process of helping to improve the life of a less privileged person when they purchase Dilmah products.

## GREEN TEA



### ORGANIC CEYLON GREEN TEA

*Grown at just over 4,000 feet elevation in the highlands of Ceylon, this organic green tea is well twisted and curled. The finish is clean, leaving the palate fresh. Organic Ceylon Green complements rich food well, cleansing and refreshing the palate.*

MILD | AED 35



### MOROCCAN MINT

*Gentle and at the same time stimulating and aromatic, this pure Ceylon Young Hyson Green Tea with Peppermint Leaves is a pleasing, all natural combination of gentle green tea and the sweet fragrance of peppermint leaves. The elegance of this Ceylon green tea with its minty 'coolness' makes this a perfect after-dinner tea.*

LIGHT & SPARKLING | AED 35



### GREEN TEA WITH JASMINE FLOWERS

*Green tea naturally enriched with jasmine has been a favourite of the Chinese since the Southern Song Dynasty. The sweet smelling jasmine is mixed with Green Tea to impart their fragrance and distinctive flavour. Jasmine is known for its soothing and warming properties. A delicious palate cleanser after strong tasting or rich food.*

MILD & FLORAL | AED 35

## BLACK TEA



### NUWARA ELIYA PEKOE

*Nuwara Eliya, also called 'Little England' is one of the four premier tea growing regions of Ceylon. Its teas are relished by connoisseurs for their uniqueness. This seasonal Nuwara Eliya tea is distinctive amongst Ceylon Teas, recognizable by its delicate and gentle character, golden glow and mildly green finish.*

MILD | AED 35



### PRINCE OF KANDY

*A high grown Ceylon Tea, delicate with the almost greenish character that represents seasonal quality. The perfect afternoon tea, with a golden infusion and light flavour that complements scones, shortcake or sweet pastry. This characteristic tea is heartening and impressive and will appeal to connoisseurs and those seeking and extraordinary tea.*

BRIGHT & MEDIUM BODIED | AED 35



### THE ORIGINAL EARL GREY

*The tea became known as 'Earl Grey Tea' combines tea with the flavour of bergamot. This Original Earl Grey Tea offers a rich and strong brew. Enhanced with the citrusy oil of bergamot, it is a distinctive and unique flavour. Without doubt, a tea with body and a steady personality.*

STRONG, FLORAL & CITRUSY | AED 35



### BLUEBERRY & POMEGRANATE

*In combination, the berry note in the two fruits mingles harmoniously with the brisk Ceylon Pekoe. Bright, medium bodied with notes of fruit and a wonderful agrance, a deliciously piquant tea. A bright Ceylon Single Region Tea from the Western High Elevation region, finely infused with the tart and woody sweetness of Pomegranate, then beautifully complemented with the soft, fruity sweetness of Blueberry.*

AED 35



## VANILLA CEYLON TEA

*A light, bright tea with a sensual and aromatic finish. The combination of high grown Ceylon Tea and the inspiring aroma of Vanilla make this a delightful brew. High elevation Ceylon Tea tea is in perfect balance with the exotic, creamy aroma of Vanilla.*

**BRIGHT, SWEET & FLORAL | AED 35**



## CEYLON CINNAMON SPICE TEA

*A combination of Ceylon's finest produce - fine Ceylon tea, grown at 4,000 feet elevation in the Dimbula Region in the spicy embrace of Ceylon Cinnamon. The slightly woody note of Cinnamon with its pervasive fragrance is enlivening and complements the tea perfectly, adding a touch of sharpness.*

*An enticing and glamorous tea that will enkindle your palate.*

**BRIGHT & MEDIUM | AED 35**



## NATURAL CEYLON GINGER TEA

*A spicy, reviving Ceylon Tea. Ginger has a pronounced sharp flavour and is prized in the East in Ayurveda as a digestive aid. The 'hot', throat warming character of ginger balances a bright, high grown Ceylon Tea to offer a deliciously refreshing spice tea. Natural Ginger Tea is a centuries old tradition in Ceylon, as a reviving, 'pick me up'.*

**BRIGHT, MEDIUM & SPICY | AED 35**



## SINGLE ESTATE DARJEELING

*A distinctive and refined experience in tea. Fine Darjeeling comes from India's most famous Darjeeling Region. This is a Single Estate Darjeeling Tea, grown at 7,000 feet above sea level and within sight of Mount Everest. The leaf is dark brown with hints of olive, developing to a golden infusion when brewed. The light liquor is slightly floral and has a prominent Muscatel note in its finish.*

**LIGHT, BRIGHT & FRUITY | AED 35**



## THE FIRST CEYLON SOUCHONG

*To the Chinese, Lapsang Souchong was a prized tea and the penalty for divulging its secret was death. First Ceylon Souchong is a uniquely Ceylon Souchong, offering the same strong, smoky character, but with an interesting difference. Ceylon Souchong is a Single Estate Tea produced in the Galle District, and gently pan fired using Cinnamon wood.*

MEDIUM | AED 35



## ROSE WITH FRENCH VANILLA

*A seductive tea, combining a fine Single Region Pekoe from Dimbula with the sensuous aroma of rose petals. The rose fragrance is tinged with the flavour of French Vanilla, heightening the romance of this tea and softening its character.*

BRIGHT, MEDIUM & FLORAL | AED 35



## BRILLIANT BREAKFAST

*A bright and bold morning tea. Perfectly rounded, with body, strength, colour and pungency representing the essence of a fine Ceylon tea. The beautifully even Broken Orange Pekoe leaf yields burgundy coloured liquor which is robust and strong yet bright with an energetic personality. Can be enjoyed with milk if desired.*

STRONG & ROBUST | AED 35



## SUPREME CEYLON SINGLE ORIGIN

*Ceylon tea was recognised as the finest since the late 1800s. This Ceylon Broken Orange Pekoe is a quintessential Ceylon tea, offering body, brightness, structure, strength and colour; features that made Ceylon the home of the finest teas. An uplifting and expressive black tea with a good upfront finish.*

STRONG & ROBUST | AED 35



## INFUSION



### NATURAL ROSEHIP WITH HIBISCUS

*The English have enjoyed Rosehip since the beginning of history, and its tart flavour is softened here with hibiscus flowers. Reputedly a rich source of natural antioxidants, rose hip and hibiscus flowers produce a reddish infusion with a strong, fruity aroma. The beverage is said to be rich in vitamin C, and has a host of other health benefits.*

BRIGHT & MEDIUM | AED 35



### PURE CHAMOMILE FLOWERS

*Chamomile is a gentle and relaxing herb enjoyed for centuries by Europeans as a tonic. The subtle flavour of chamomile flower is concentrated in the infusion, best before bedtime, with its soothing aroma and very delicate flavour.*

MILD & GENTLE | AED 35



### PURE PEPPERMINT LEAVES

*Savored as a refreshing beverage since Roman times, peppermint is naturally caffeine free and ideal for taking after a meal to aid digestion. The infusion of peppermint leaves with a touch of honey is an ideal palate cleanser and effective in rehydration a cooling and uplifting beverage especially useful for hangovers.*

BRIGHT & MEDIUM | AED 35

# ICED TEAS

...



## KANDY LAMISSI

---

PRINCE OF KANDY TEA

*A delicate iced tea with a golden infusion and light flavour of Prince of Kandy tea.*

AED 35



## MOROCCAN MINT COOLER

---

MOROCCAN MINT GREEN TEA

*Gently uplifting, this combination of green tea with Peppermint leaves produces a delicious and all natural tea experience.*

AED 35

## CEYLON SILVER TIPS T-CHAMPAGNE

---

*A flute of the Dilmah's majestic Ceylon Silver Tips brew, sweetened with a touch of bees' honey and served with fresh strawberries — an internationally acclaimed signature beverage at t-Lounge by Dilmah at Pullman Creek.*

AED 55

# SMOOTHIES

•••

## THE FIRST BUTTERFLY

*Pure peppermint leaves infusion*

AED 35

## THE EARL'S SMOOTHIE

*The original earl grey*

AED 35

## BLUEBERRY AND POMEGRANATE

*Blueberry and pomegranate tea*

AED 35

## HOT T-KITSCH

•••

**REGULAR**

AED 30

**CINNAMON**

AED 30

**GINGER**

AED 30

## GOLDEN T-KITSCH

*True to its name, this vibrant and uplifting yaara (pulled) tea is prepared using Dilmah Brilliant Breakfast tea in combination with milk, turmeric and a saffron garnish.*

AED 35

# DILMAH FOOD MENU

...

## SOUP

*Ceylon whole Leafy Green Tea infused veloute of Thai asparagus  
with sour cream (D) (V) (G)*

AED 35

## STARTERS

*Heirloom tomato and Buffalo Mozzarella served with wild  
rocket & basil oil (V) (SO) (D)*

AED 35

...

## SALMON KETO/ VEG KETO

*Smoked salmon, mango, cucumber, white cabbage, red radish, boiled egg,  
coriander avocado, sesame seeds, olive lemon dressing  
(F) (E) (SS) (M) (G) (SO)*

*Cucumber, baby spinach, cherry tomato, steamed noodles, mushroom,  
avocado, mango, chick peas, apple cider vinegar, dijon mustard, garlic sea  
salt, black pepper (V) (SO) (G) (M) ✓*

AED 35

*Tea Pairing Suggestion: Organic Ceylon Green Tea*

...

## MAIN COURSE

### FULLY LOADED CHICKEN QUESADILLA

*Pico de Gallo guacamole, sour cream  
(G) (D) (E) (M) (F)*

AED 55

*Tea Pairing Suggestion: Nuwara Eliya Pekoe*

### PAN SEARED ATLANTIC SALMON

*Served with steamed broccoli, risotto, spicy salsa (D) (F)*

AED 95


*Tea Pairing Suggestion: Earl Grey Tea*

### STIR-FRIED GLASS NOODLES (PAD WOON SEN) WITH CHICKEN SATAY

*Bean noodles, egg, micro herbs, sesame seeds, bell peppers and peanuts with  
moringa & turmeric  
(G) (E) (SS) (P) (MO) (S) (CR) (D)*

AED 45

*Tea Pairing Suggestion: Brilliant Breakfast*

P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean | MO: Mollusks | L: Lupine  
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |  
M: Mustard | SO: Sulphites | (V): Vegetarian | ✓: Vegan | : Gluten-Free

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

## DIM SUM

*Selection of 12 dim sum with chili soy sauce*

(G) (S) (CR) (F) (SS) (MO)

**AED 45**

*Tea Pairing Suggestion: Ceylon Silver Tips White Tea*

## VEGETARIAN PENNE

*Tomato, fried eggplant, roasted garlic, onion, green chili*

(G) (S) (D) (M)

**AED 45**

*Tea Pairing Suggestion: Single Estate Darjeeling*

...

## SWEETS

### BAKED CHEESECAKE

(D) (E) (N) (G) (S)

**AED 35**

*Tea Pairing Suggestion: Earl Grey Tea*

### PUFF DOUGHNUT

*With ice cream of choice Vanilla, Chocolate or Strawberry (D) (E) (N) (G)*

**AED 35**



*Tea Pairing Suggestion: Rose with French Vanilla*

### RICH CHOCOLATE CAKE

(D) (E) (N) (G) (S) (SO)

**AED 35**

*Tea Pairing Suggestion: Moroccan Mint Green Tea*

P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean | MO: Mollusks | L: Lupine  
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |  
M: Mustard | SO: Sulphites | (V): Vegetarian | : Vegan | : Gluten-Free

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

# DIETARY MENU

...

## STARTERS

### VEGAN

#### Quinoa Salad (V)

*Quinoa, assorted vegetable, lettuce, olive oil, lemon jus*

AED 50

#### Lentil Soup (G) (V)

*Braised red lentils flavored with cumin, served with croutons and lemon*

AED 45

### GLUTEN-FREE

#### Green Salad (V)

*Assorted mixed lettuce, cucumber, bell pepper, olive oil*

AED 45

#### Super Green Salmon Nicoise (F) (E)

*Green mesclun, Kenya beans, boiled egg, cucumber, potato, green beans, olive dressing*

AED 60

### LACTOSE-FREE

#### Energizing Kale and Quinoa Bowl (SO) (V) (M) (G)

*Kale and quinoa with orange, grapefruit segments, avocado drizzled with raspberry vinaigrette*

AED 45

#### Lentil Soup (G) (V)

*Braised red lentils flavored with cumin served with croutons and lemon*

AED 45

## MAIN COURSE

### VEGAN

#### Penne Napolitano (G) (S) (M) (V)



*Penne pasta, fresh tomato sauce, basil*

AED 70

#### Pesto Panini (G) (N) (SO) (V)

*Grilled vegetables, onion, mushroom, zucchini and pesto sauce served with French fries and crispy salad*

AED 50

P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean | MO: Mollusks | L: Lupine  
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |  
M: Mustard | SO: Sulphites | (V): Vegetarian |  : Vegan |  : Gluten-Free

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

# DIETARY MENU

...

## GLUTEN-FREE

### Grilled Half Chicken (D)

*Served with steamed vegetables*

AED 85

### Sea Bass (F)

*Served with steamed vegetables*

AED 85

## LACTOSE-FREE

### Thai Vegetable Green Curry, Jasmine Rice (CR)

*This vegetarian Thai green curry recipe features fresh asparagus, carrots and spinach in a delicious green coconut sauce*

AED 60

### Penne Napolitano (G) (S) (M) (V)

*Penne pasta, fresh tomato sauce, basil*

AED 70

## DESSERT

### VEGAN

### Almond Panna Cotta with Fruit Jelly (V) (N)

*Homemade almond panna cotta with seasonal fruit jelly and mix berries compote*

AED 70

### Fresh Fruit Salad (V)

AED 28

## GLUTEN-FREE

### Chocolate Cake (D) (E) (S)

*Gluten-free chocolate cake has the perfect texture and is extremely moist and chocolate its melt-in-the-mouth sponges and rich frosting*



AED 35

## LACTOSE-FREE

### Almond Panna Cotta with Fruit Jelly (V) (N)

*Homemade almond panna cotta with seasonal fruit jelly and mix berries compote*

AED 33

P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean | MO: Mollusks | L: Lupine  
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |  
M: Mustard | SO: Sulphites | (V): Vegetarian |  : Vegan |  : Gluten-Free

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.



## DILMAH HIGH TEA

...

*The good side of afternoon tea is beautiful. The luxurious indulgence in fine tea it offers in its tea inspired metamorphosis is matchless. In all honesty, once experienced, it's hard to forget.*

*Dilmah Real High Tea is the rebirth of the occasion of afternoon tea, with fine gastronomy, mixology and elegant experience formed around the unique beauty in real tea – the individuality of each tea derived from the influence of its terroir, the sophistication in taste, fragrance, appearance and texture of tea. From different estates, its natural goodness and the expression of these in real high tea. A contemporary celebration of tea with style and substance.*

**HIGH TEA FOR ONE**

AED 75

**HIGH TEA FOR TWO**

AED 140