



FOOD & BEVERAGE

WELCOME

We believe that tea is a herb without an equal. First discovered as a natural medicine, a cup of fine tea brewed and served with respect, is imbued with a heritage of nearly 5000 years, and unique natural goodness. For centuries, fine tea has been the stimulus to intellectual thought, fomenting revolutionary ideas, inspiring poets, writers and rulers. Yet, today, the enjoyment of fine tea is a simple indulgence. By fine tea we do not mean ordinary tea, but tea that is made in the traditional, artisanal manner that honours the work of Nature in crafting the subtle sophistication in each tea. Good tea is not simply for drinking as any ordinary beverage, but deserves appreciation, as its fragrance, character, flavour, texture and strength are all formed by specific natural features of climate, environment and soil.

We are a family tea company, established by Dilmah Founder Merrill J. Fernando, the first tea grower to challenge the colonial model and offer tea drinkers around the world, tea that is genuinely ethical, handpicked, traditionally made and packed at source. The mission that the young teamaker committed his life to in the 1950s, was founded on presenting the pleasure in tea, through quality, freshness and purity of origin, and in doing so with integrity. That mission is fulfilled today in Dilmah Tea and the unique philosophy of Dilmah, that business is a matter of human service.

If you enjoy your visit to our t-Lounge, please ask our staff about membership to our The Leaf & Artisan Society. If you would like to share your comments or your tea preference, please email me on dilhan@teainspired.com. Please see how your enjoyment of our teas is reflected in the faces of our workers and the wider community at www.mjffoundation.org & www.dilmahconservation.org.

THANK YOU FOR CHOOSING DILMAH,



MERRILL J. FERNANDO

FOUNDER, DILMAH



DILHAN C. FERNANDO

CEO, DILMAH

WHITE TEA

...



CEYLON SILVER TIPS WHITE TEA

A rare handmade White Tea from the Nuwara Eliya region of Ceylon grown at 6,000 feet elevation. The tender buds of the tea plant are handpicked at dawn, carefully carried in a silk pouch and entirely handmade. The pale liquor is surpassingly light and delicate. The beauty of the infused buds adds to the pleasure of this unique brew.

GENTLE | AED 55

OO LONG TEA

...



SINGLE ESTATE OO LONG LEAF TEA

Oolong originated in the 18th Century in the Fujian Province of China. The dark green, well twisted leaf produces mellow, pleasing liquor with a touch of greenishness. This is a delicate and mild tea, earthier than typical green teas, and lighter than most black teas.

MILD | AED 35



THE FIRST CEYLON OO LONG LEAF TEA

Oolong is a fragrant and gentle tea semi-fermented and demanding precision in its manufacture. Traditionally originating from the Fujian Province of China, First Ceylon Oolong is the first oolong to be produced in Ceylon (Sri Lanka). Distinctive in leaf, aroma and liquor, Ceylon Oolong is a Single Estate Tea from the Galle District.

MILD | AED 40

*I can think of nowhere I would rather be
Reading morning papers, drinking morning tea
-Brian Eno*

OUR SIGNATURE TEAS SERVED HOT

Indulge in these Very Special Rare Teas handcrafted to perfection. These unique teas produce a delicate and refined infusion, gentle and refreshing on the palate. They can either be enjoyed on their own or matched with a dish as suggested. Or, if you're feeling adventurous you can create your own tea pairing and experiment with flavour.

The 3 Principles of Dilmah

1. TASTE

Dilmah Tea is packed garden fresh at source; offering genuinely ethical single origin Ceylon tea that is richer in aroma and has a natural taste.

The 3 Principles of Dilmah

2. GOODNESS

A commitment to purity of origin, to honour the influence of nature in every leaf and offer tea that is rich in natural goodness.

The 3 Principles of Dilmah

3. PURPOSE

A family tea company, established to share their love for tea and desire to offer genuinely ethical tea. Dilmah's philosophy, "Business is a Matter of Human Service", allows consumers to indirectly become a part of a process of helping to improve the life of a less privileged person when they purchase Dilmah products.

GREEN TEA

• • •



ORGANIC CEYLON GREEN TEA

Grown at just over 4,000 feet elevation in the highlands of Ceylon, this organic green tea is well twisted and curled. The finish is clean, leaving the palate fresh. Organic Ceylon Green complements rich food well, cleansing and refreshing the palate.

MILD | AED 35



MOROCCAN MINT

Gentle and at the same time stimulating and aromatic, this pure Ceylon Young Hyson Green Tea with Peppermint Leaves is a pleasing, all natural combination of gentle green tea and the sweet fragrance of peppermint leaves. The elegance of this Ceylon green tea with its minty 'coolness' makes this a perfect after-dinner tea.

LIGHT & SPARKLING | AED 35



GREEN TEA WITH JASMINE FLOWERS

Green tea naturally enriched with jasmine has been a favourite of the Chinese since the Southern Song Dynasty. The sweet smelling jasmine is mixed with Green Tea to impart their fragrance and distinctive flavour. Jasmine is known for its soothing and warming properties. A delicious palate cleanser after strong tasting or rich food.

MILD & FLORAL | AED 35

BLACK TEA

• • •



NUWARA ELIYA PEKOE

Nuwara Eliya, also called 'Little England' is one of the four premier tea growing regions of Ceylon. Its teas are relished by connoisseurs for their uniqueness. This seasonal Nuwara Eliya tea is distinctive amongst Ceylon Teas, recognizable by its delicate and gentle character, golden glow and mildly green finish.

MILD | AED 35



PRINCE OF KANDY

A high grown Ceylon Tea, delicate with the almost greenish character that represents seasonal quality. The perfect afternoon tea, with a golden infusion and light flavour that complements scones, shortcake or sweet pastry. This characteristic tea is heartening and impressive and will appeal to connoisseurs and those seeking and extraordinary tea.

BRIGHT & MEDIUM BODIED | AED 35



THE ORIGINAL EARL GREY

The tea became known as 'Earl Grey Tea' combines tea with the flavour of bergamot. This Original Earl Grey Tea offers a rich and strong brew. Enhanced with the citrusy oil of bergamot, it is a distinctive and unique flavour. Without doubt, a tea with body and a steady personality.

STRONG, FLORAL & CITRUSY | AED 35



BLUEBERRY & POMEGRANATE

In combination, the berry note in the two fruits mingles harmoniously with the brisk Ceylon Pekoe. Bright, medium bodied with notes of fruit and a wonderful agrance, a deliciously piquant tea. A bright Ceylon Single Region Tea from the Western High Elevation region, finely infused with the tart and woody sweetness of Pomegranate, then beautifully complemented with the soft, fruity sweetness of Blueberry.

AED 45



VANILLA CEYLON TEA

A light, bright tea with a sensual and aromatic finish. The combination of high grown Ceylon Tea and the inspiring aroma of Vanilla make this a delightful brew. High elevation Ceylon Tea is in perfect balance with the exotic, creamy aroma of Vanilla.

BRIGHT, SWEET & FLORAL | AED 35



CEYLON CINNAMON SPICE TEA

A combination of Ceylon's finest produce – fine Ceylon tea, grown at 4,000 feet elevation in the Dimbula Region in the spicy embrace of Ceylon Cinnamon. The slightly woody note of Cinnamon with its pervasive fragrance is enlivening and complements the tea perfectly, adding a touch of sharpness.

An enticing and glamorous tea that will enkindle your palate.

BRIGHT & MEDIUM | AED 35



NATURAL CEYLON GINGER TEA

A spicy, reviving Ceylon Tea. Ginger has a pronounced sharp flavour and is prized in the East in Ayurveda as a digestive aid. The 'hot', throat warming character of ginger balances a bright, high grown Ceylon Tea to offer a deliciously refreshing spice tea. Natural Ginger Tea is a centuries old tradition in Ceylon, as a reviving, 'pick me up'.

BRIGHT, MEDIUM & SPICY | AED 35



SINGLE ESTATE DARJEELING

A distinctive and refined experience in tea. Fine Darjeeling comes from India's most famous Darjeeling Region. This is a Single Estate Darjeeling Tea, grown at 7,000 feet above sea level and within sight of Mount Everest. The leaf is dark brown with hints of olive, developing to a golden infusion when brewed. The light liquor is slightly floral and has a prominent Muscatel note in its finish.

LIGHT, BRIGHT & FRUITY | AED 35



THE FIRST CEYLON SOUCHONG

To the Chinese, Lapsang Souchong was a prized tea and the penalty for divulging its secret was death. First Ceylon Souchong is a uniquely Ceylon Souchong, offering the same strong, smoky character, but with an interesting difference. Ceylon Souchong is a Single Estate Tea produced in the Galle District, and gently pan fired using Cinnamon wood.

MEDIUM | AED 35



ROSE WITH FRENCH VANILLA

A seductive tea, combining a fine Single Region Pekoe from Dimbula with the sensuous aroma of rose petals. The rose fragrance is tinged with the flavour of French Vanilla, heightening the romance of this tea and softening its character.

BRIGHT, MEDIUM & FLORAL | AED 35



BRILLIANT BREAKFAST

A bright and bold morning tea. Perfectly rounded, with body, strength, colour and pungency representing the essence of a fine Ceylon tea. The beautifully even Broken Orange Pekoe leaf yields burgundy coloured liquor which is robust and strong yet bright with an energetic personality. Can be enjoyed with milk if desired.

STRONG & ROBUST | AED 35



SUPREME CEYLON SINGLE ORIGIN

Ceylon tea was recognised as the finest since the late 1800s. This Ceylon Broken Orange Pekoe is a quintessential Ceylon tea, offering body, brightness, structure, strength and colour; features that made Ceylon the home of the finest teas. An uplifting and expressive black tea with a good upfront finish.

STRONG & ROBUST | AED 35

INFUSION

• • •



NATURAL ROSEHIP WITH HIBISCUS

The English have enjoyed Rosehip since the beginning of history, and its tart flavour is softened here with hibiscus flowers. Reputedly a rich source of natural antioxidants, rose hip and hibiscus flowers produce a reddish infusion with a strong, fruity aroma. The beverage is said to be rich in vitamin C, and has a host of other health benefits.

BRIGHT & MEDIUM | AED 35



PURE CHAMOMILE FLOWERS

Chamomile is a gentle and relaxing herb enjoyed for centuries by Europeans as a tonic. The subtle flavour of chamomile flower is concentrated in the infusion, best before bedtime, with its soothing aroma and very delicate flavour.

MILD & GENTLE | AED 35



PURE PEPPERMINT LEAVES

Savored as a refreshing beverage since Roman times, peppermint is naturally caffeine free and ideal for taking after a meal to aid digestion. The infusion of peppermint leaves with a touch of honey is an ideal palate cleanser and effective in rehydration a cooling and uplifting beverage especially useful for hangovers.

BRIGHT & MEDIUM | AED 35

ICED TEAS

...



KANDY LAMISSI

PRINCE OF KANDY TEA

*A delicate iced tea with a golden infusion and light
flavour of Prince of Kandy tea.*

AED 45



MOROCCAN MINT COOLER

MOROCCAN MINT GREEN TEA

*Gently uplifting, this combination of green tea with
Peppermint leaves produces a delicious and all natural
tea experience.*

AED 45

CEYLON SILVER TIPS T-CHAMPAGNE

*A flute of the Dilmah's majestic Ceylon Silver Tips brew,
sweetened with a touch of bees' honey and served with fresh
strawberries — an internationally acclaimed signature
beverage at t-Lounge by Dilmah at Pullman Creek.*

AED 55

SMOOTHIES

...

THE FIRST BUTTERFLY

Pure peppermint leaves infusion

AED 35

THE EARL'S SMOOTHIE

The original earl grey

AED 35

BLUEBERRY AND POMEGRANATE

Blueberry and pomegranate tea

AED 35

HOT T-KITSCH

...

REGULAR

AED 35

CINNAMON

AED 35

GINGER

AED 35

GOLDEN T-KITSCH


True to its name, this vibrant and uplifting yaara (pulled) tea is prepared using Dilmah Brilliant Breakfast tea in combination with milk, turmeric and a saffron garnish.

AED 35

DILMAH FOOD MENU


...

SOUP

Ceylon whole Leafy Green Tea infused veloute of Thai asparagus
with sour cream (D) (V) (G) 166 Cal 

AED 45


STARTERS


Heirloom tomato and Buffalo Mozzarella served with wild
rocket & basil oil (V) (SO) (D) 378 Cal 

AED 45

...

SALMON KETO/ VEG KETO

Smoked salmon, mango, cucumber, white cabbage, red radish, boiled egg,
coriander avocado, sesame seeds, olive lemon dressing
(F) (E) (SS) (M) (G) (SO) 293 Cal 

Cucumber, baby spinach, cherry tomato, steamed noodles, mushroom,
avocado, mango, chick peas, apple cider vinegar, dijon mustard, garlic sea
salt, black pepper (V) (SO) (G) (M) 332 Cal 


AED 45

Tea Pairing Suggestion: Organic Ceylon Green Tea

...

MAIN COURSE


FULLY LOADED CHICKEN QUESADILLA

Pico de Gallo guacamole, sour cream
(G) (D) (E) (M) (F) 804 Cal 

AED 65

Tea Pairing Suggestion: Nuwara Eliya Pekoe


PAN SEARED ATLANTIC SALMON

Served with steamed broccoli, risotto, spicy salsa (D) (F) 628 Cal 

AED 95



Tea Pairing Suggestion: Earl Grey Tea

STIR-FRIED GLASS NOODLES (PAD WOON SEN) WITH CHICKEN SATAY

Bean noodles, egg, micro herbs, sesame seeds, bell peppers and peanuts with
moringa & turmeric
(G) (E) (SS) (P) (MO) (S) (CR) (D) 538 Cal 

AED 65

Tea Pairing Suggestion: Brilliant Breakfast

P: Peanut | N: Tree Nut | G: Gluten | CR: Crustacean | MO: Mollusks | L: Lupine
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |
M: Mustard | SO: Sulphur Dioxide & Sulphites | (V): Vegetarian |  : Vegan |  : Gluten-Free

 Very Low  Low  Medium  High  Very High

The A-E rating shows the carbon impact based on the carbon footprint of a standard 400g meal. CO2e data is provided by our sustainability partner Klimato. Other nutrition information is available upon request. If you have any dietary requirements or food allergies, kindly inform us and we will do our best to accommodate your needs.

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

DIM SUM

Selection of 12 dim sum with chili soy sauce


(G) (S) (CR) (F) (SS) (MO) 476 Cal 

AED 55

Tea Pairing Suggestion: Ceylon Silver Tips White Tea

VEGETARIAN PENNE

Tomato, fried eggplant, roasted garlic, onion, green chili

(G) (S) (D) (M) 609 Cal 

AED 45

Tea Pairing Suggestion: Single Estate Darjeeling

...

SWEETS

BAKED CHEESECAKE

(D) (E) (N) (G) (S) 684 Cal 

AED 35

Tea Pairing Suggestion: Earl Grey Tea

PUFF DOUGHNUT


With ice cream of choice Vanilla, Chocolate or Strawberry

(D) (E) (N) (G) 622 Cal 

AED 35



Tea Pairing Suggestion: Rose with French Vanilla

RICH CHOCOLATE CAKE

(D) (E) (N) (G) (S) (SO) 801 Cal 

AED 35

Tea Pairing Suggestion: Moroccan Mint Green Tea

P: Peanut | N: Tree Nut | G: Gluten | CR: Crustacean | MO: Mollusks | L: Lupine
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |
M: Mustard | SO: Sulphur Dioxide & Sulphites | (V): Vegetarian | : Vegan | : Gluten-Free

 Very Low  Low  Medium  High  Very High

The A-E rating shows the carbon impact based on the carbon footprint of a standard 400g meal. CO2e data is provided by our sustainability partner Klimato. Other nutrition information is available upon request. If you have any dietary requirements or food allergies, kindly inform us and we will do our best to accommodate your needs.

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

DIETARY MENU

...

STARTERS

VEGAN

Quinoa Salad (V)  522 Cal 

Quinoa, assorted vegetable, lettuce, olive oil, lemon jus

AED 55

Lentil Soup (G) (V)  390 Cal 

Braised red lentils flavored with cumin, served with croutons and lemon

AED 45

GLUTEN-FREE

Green Salad (V)   98 Cal 

Assorted mixed lettuce, cucumber, bell pepper, olive oil

AED 45

Super Green Salmon Nicoise

(F) (E)  278 Cal 

Green mesclun, Kenya beans, boiled egg, cucumber, potato, green beans, olive dressing

AED 65

LACTOSE-FREE

Energizing Kale and Quinoa Bowl

(SO) (V) (M) (G)  509 Cal 

Kale and quinoa with orange, grapefruit segments, avocado drizzled with raspberry vinaigrette

AED 55

Lentil Soup (G) (V) 390 Cal 

Braised red lentils flavored with cumin served with croutons and lemon

AED 45

MAIN COURSE

VEGAN

Penne Napolitano

(G) (S) (M) (V)  694 Cal 



Penne pasta, fresh tomato sauce, basil

AED 75

Pesto Panini (G) (N) (SO) (V)  538 Cal 

Grilled vegetables, onion, mushroom, zucchini and pesto sauce served with French fries and crispy salad

AED 55

P: Peanut | N: Tree Nut | G: Gluten | CR: Crustacean | MO: Mollusks | L: Lupine
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |
M: Mustard | SO: Sulphur Dioxide & Sulphites | (V): Vegetarian |  : Vegan |  : Gluten-Free

 Very Low  Low  Medium  High  Very High

The A-E rating shows the carbon impact based on the carbon footprint of a standard 400g meal. CO2e data is provided by our sustainability partner Klimato. Other nutrition information is available upon request. If you have any dietary requirements or food allergies, kindly inform us and we will do our best to accommodate your needs.

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

DIETARY MENU

...

GLUTEN-FREE

Grilled Half Chicken (D)  369 Cal 

Served with steamed vegetables

AED 95

Sea Bass (F)  273 Cal 

Served with steamed vegetables

AED 85

LACTOSE-FREE

Thai Vegetable Green Curry,
Jasmine Rice (CR)  290 Cal 

*This vegetarian Thai green curry recipe features fresh asparagus,
carrots and spinach in a delicious green coconut sauce*

AED 65




Penne Napolitano (G) (S) (M) (V)  609 Cal 

Penne pasta, fresh tomato sauce, basil

AED 70



DESSERT

VEGAN

Almond Panna Cotta with Fruit Jelly
(V) (N)   129 Cal 



*Homemade almond panna cotta with seasonal fruit jelly and mix
berries compote*

AED 70

Fresh Fruit Salad (V)   189 Cal 

AED 35




GLUTEN-FREE

Chocolate Cake (D) (E) (S)  1381 Cal 

*Gluten-free chocolate cake has the perfect texture and is extremely moist and
chocolate its melt-in-the-mouth sponges and rich frosting*



AED 40

LACTOSE-FREE

Almond Panna Cotta with Fruit Jelly
(V) (N)   129 Cal 

*Homemade almond panna cotta with seasonal fruit jelly and mix
berries compote*

AED 33

P: Peanut | N: Tree Nut | G: Gluten | CR: Crustacean | MO: Mollusks | L: Lupine
SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |
M: Mustard | SO: Sulphur Dioxide & Sulphites | (V): Vegetarian |  : Vegan |  : Gluten-Free

 Very Low  Low  Medium  High  Very High

The A-E rating shows the carbon impact based on the carbon footprint of a standard 400g meal. CO2e data is provided by our sustainability partner Klimato. Other nutrition information is available upon request. If you have any dietary requirements or food allergies, kindly inform us and we will do our best to accommodate your needs.

Here, our food has a local accent. We favor local produce, our Tomato, Cucumber, Capsicum, Coriander, Parsley, Turnips, Eggplant, Marrow, Labneh and Dates are all locally grown and produced. In line with our Sustainability commitment, we do not serve endangered fish.

We are introducing carbon labels

Did you know that food accounts for roughly one third of global greenhouse gas emissions? We have partnered with Klimato to empower you to make informed, environmentally conscious decisions about your meals.

What is the climate impact of your meal?



Very Low



Low



Medium



High



Very High



Klimato uses a five-tiered rating system to evaluate the climate impact of food servings. Food rating (A-E) reflects the climate impact based on the carbon footprint of a standard 400g meal. Carbon labels are provided by our sustainability partner Klimato.



P: Peanut | N: Tree Nut | G: Gluten | CR: Crustacean | MO: Mollusks | L: Lupine |

SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |

M: Mustard | SO: Sulphur Dioxide & Sulphites | (V): Vegetarian | : Vegan | : Gluten-Free



DILMAH HIGH TEA

...

The good side of afternoon tea is beautiful. The luxurious indulgence in fine tea it offers in its tea inspired metamorphosis is matchless. In all honesty, once experienced, it's hard to forget.

Dilmah Real High Tea is the rebirth of the occasion of afternoon tea, with fine gastronomy, mixology and elegant experience formed around the unique beauty in real tea — the individuality of each tea derived from the influence of its terroir, the sophistication in taste, fragrance, appearance and texture of tea. From different estates, its natural goodness and the expression of these in real high tea. A contemporary celebration of tea with style and substance.

HIGH TEA FOR ONE

AED 85

HIGH TEA FOR TWO

AED 160