



## WELLNESS MEETINGS & EVENTS BREAKS



Sofitel SPA Darling Harbour brings its celebrated personalised luxury spa offering to your delegates attending a conference, corporate retreat or event.

Enjoy a refreshing and invigorating break that replenishes your delegates by recharging their bodies with high nutrient refreshments. Destress with an express neck and shoulder massage or a delicious hand exfoliation.

Energise, refocus and refresh your delegates at your next meeting or event.

### WHAT'S INCLUDED

#### Spa Treatments

- Neck and shoulder massage
- Hand exfoliation massage

#### Refreshments

- House-made fig and cranberry granola slice
- Fruit skewer lollipops
- Cacao and coconut protein balls
- Immune booster shots: carrot, ginger and turmeric

45 minutes wellness breaks (up to 15 delegates)\* **\$990**

60 minutes wellness breaks (up to 24 delegates)\* **\$1,144**

Refreshments **\$25 per delegate**

To make an enquiry or booking, please contact our team on **h9729-sb5@sofitel.com** or **02 8388 8879**

*\*45 minutes option includes seven minutes treatments. 60 minutes option includes six minutes treatments. Must be booked seven days in advance, available Monday to Friday, offer is non-refundable.*



## CORPORATE WELLNESS PACKAGES



Create your own sanctuary and exclusively hire the entire Spa for your team with one of our Corporate Wellness Packages below.

### **CORPORATE WELLNESS PACKAGE A**

45 minutes treatments, with your delegates able to choose from one of the following:

#### **Sugar Body Polish**

Refreshing, deeply exfoliating ritual to effectively buff skin from tip to toe revealing a silky smooth hydrated finish. Organic Australian sugar cane infused in lime caviar botanical extracts and aromatherapy oils are gently massaged into the skin to remove dull cells.

#### **Petit Spa Facial**

A clarifying facial designed to enhance your spa journey while deeply moisturising and revitalising skin.

#### **Back, Neck & Shoulder Massage**

This classic massage aims to relieve tension by targeting the uppermost layers of muscles using light pressure.

**\$7,850**

Both packages include:

- Choice of one treatment
- Access to Relaxation Lounge
- Herbal teas and refreshments

Our exceptional Sofitel SPA therapists are available to assist you via email on [darlingharbour.spa@sofitel.com](mailto:darlingharbour.spa@sofitel.com)

*Corporate bookings available from Monday to Wednesday only, minimum of five hours. Exclusive use of space must be booked at least two months in advance. Full payment due four weeks before booking date. Maximum capacity for Corporate Package A is 15 delegates, Corporate Package B is 20 delegates. Consultation form to be completed, signed and submitted 24hrs in advance.*

### **CORPORATE WELLNESS PACKAGE B**

60 minutes treatments, with your delegates able to choose from one of the following:

#### **Customised Phyto Facials by Waterlily**

Formulated harnessing pure aromaceutical concentrates with premium dilutions of active botanical extracts, vitamins and omega rich infusions to deliver a sensory ritual and visible results.

#### **Swedish Massage**

This classic massage aims to relieve tension by targeting the uppermost layers of muscles using light to medium pressure. Long, kneading strokes combined with friction motions and movement of the joints result in an enhanced overall sense of wellbeing.

**\$12,420**