

PULLMANFIT

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**pullman**  
HOTELS AND RESORTS

# PULLMANFIT

FITNESS MEMBERSHIP	DAY PASS	1 MONTH	6 MONTHS	12 MONTHS
	IDR 200.000++	IDR 1.600.000++	IDR 7.000.000++	IDR 15.000.000++
	0 to 5 (Free) 6 to 12 (IDR 75.000++)	BASIC	ADVANCED	VIP
Access to Gym, Pool, Hammam, Sauna, Zen Garden	✓	✓	✓	✓
Food & Beverage Discount	15% off for food only	15% off for food only	Up to 15% off for food & beverages	Up to 15% off for food & beverages
Free Internet	✓	✓	✓	✓
Free Parking (subscription length)	✗	✓	✓	✓
Spa Treatment Discount	15%	15%	15%	15%
1-hour Personal Trainer Session Voucher	✗	✓	✓	✓
30-minute Reflexology Voucher	✗	✓	✓	✓
60-minute Traditional Indonesian Full Body Massage Voucher	✗	✗	✓	✓
Group Classes (upon availability)	✗	✗	✓	✓
1-night Deluxe Stay with Breakfast for 2 Persons Voucher	✗	✗	✓	✓
1-night Suite Stay with Breakfast for 2 Persons Voucher	✗	✗	✗	✓
5 Voucher Executive Lounge Access for 2 Persons Morning breakfast or evening cocktail (pre booking)	✗	✗	✗	✓
Complimentary laundry of Gym attire (Laundered up to 5 pieces per time)	✗	✗	✗	✓

POOL MEMBERSHIP	6 MONTHS	12 MONTHS
	IDR 4.000.000++	IDR 7.000.000++
	0 to 5 (Free) 6 to 12 (50%)	0 to 5 (Free) 6 to 12 (50%)
Access to Pool	✓	✓
Food & Beverage Discount (2 peoples   food only)	15%	15%
Free Internet	✓	✓
Free Parking (subscription length)	✓	✓

Personal Trainer (Gym, Hiit, Boxing, Swimming) Swimming Classes ( Minimum 6 pax)	1 LESSON	10 LESSONS
	IDR 350.000++	IDR 3.000.000++
	IDR 250.000++	IDR 2.000.000++

Note:  
Kids under 16 can't access the Gym, Hammam, and Sauna.  
Personal trainer for 60 minutes.  
Swimming Classes for 45 minutes.

## For more information:

Fit and Spa - Pullman Jakarta Central Park  
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