

PULLMANFIT

UP YOUR GAME
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pullman
HOTELS AND RESORTS

PULLMANFIT

FITNESS MEMBERSHIP	DAY PASS	1 MONTH	6 MONTHS	12 MONTHS
	IDR 200.000++	IDR 1.600.000++	IDR 7.000.000++	IDR 15.000.000++
	0 to 5 (Free) 6 to 12 (IDR 75.000++)	BASIC	ADVANCED	VIP
Access to Gym pool Hamman Sauna, Zen Garden	✓	✓	✓	✓
Up to 15% Discount for food & Beverage	15% off food only	15% off food only	Up to 50% off food & 15% off beverages	Up to 50% off food & 15% off beverages
Free Parking (Subscription length)	✓	✓	✓	✓
1 Hour Personal Trainer Session	✗	✗	✓	✓
Free Parking (subscription length)	✗	✓	✓	✓
30-Minute Reflexology Voucher	15%	15%	15%	15%
60-Minute Traditional Indonesia Full Body Massage Voucher	✗	✗	✓	✓
1-night Deluxe Stay With Breakfast for 2 -Persons Voucher	✗	✗	✓	✓
1-night Suite Stay With Breakfast for 2 Persons Voucher	✗	✗	✗	✓
5 Voucher Executive Lounge Access for 2 Persons Morning Breakfast or Evening Cocktail (pre booking)	✗	✗	✗	✓
Complimentary laundry of Gym attire (Laundered up to 5 pieces per time)	✗	✗	✗	✓

POOL MEMBERSHIP	6 MONTHS	12 MONTHS
	IDR 5.000.000++	IDR 7.000.000++
	0 to 5 (Free) 6 to 12 (50%)	0 to 5 (Free) 6 to 12 (50%)
Access to Pool	✓	✓
Food & Beverage Discount (2 peoples food only)	15%	15%
Free Internet	✓	✓
Free Parking (subscription length)	✓	✓

	1 LESSON	10 LESSONS
	Personal Trainer (Gym, Hiit, Boxing, Swimming)	IDR 350.000++
Swimming Classes (Minimum 6 pax)	IDR 250.000++	IDR 2.000.000++

Note:
 Kids under 16 can't access the Gym, Hammam, and Sauna.
 Personal trainer for 60 minutes.
 Swimming Classes for 45 minutes.

For more information:

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 JAKARTA CENTRAL PARK

