pullman
JAKARTA CENTRAL PARK

ART OF STAY

ART STAY

pullman
JAKARTA CENTRAL PARK

WELL BEING ACTIVITIES

NEAR PULLMAN JAKARTA CENTRAL PARK



01.

SENAYAN NATIONAL ` GOLF CLUB

Jl. Asia Afrika | *11 km from hotel*
05:30 - 22:00
+62 21 5710 181

A stunning par-69 course spanning 5,600 yards, offering a refined yet challenging experience. Recently redesigned with contoured fairways and immaculate greens, it sits against Jakarta's striking skyline, providing a serene escape. Its strategic layout and mature tree lines favor precision and smart club selection, making accuracy key.



02.

PONDOK INDAH GOLF COURSE

Jl. Metro Pondok Indah | *14 km from hotel*
05:30 - 22:00
+62 21 7694 906

Inaugurated on August 17, 1976, Pondok Indah Golf Course is one of Jakarta's most prestigious and well-maintained golfing destinations. This 18-hole, par-72 course spans 6,200 yards, set among mature trees and lush greenery in the heart of the city. Designed to challenge professionals yet remain enjoyable for all skill levels, it offers a balanced and rewarding round.



03.

SEDAYU INDO GOLF

Jl. Marina Indah Pantai Indah Kapuk | *16 km from hotel*

05:30 - 21:00

+62 21 5710 181

Sedayu Indo Golf is one of Jakarta's newest premier golf destinations, located in the exclusive PIK 2 area. This 18-hole international-standard course offers a seaside links-style experience with sweeping views of the Java Sea. Shaped by ocean breezes, it delivers a refreshing yet challenging round, complemented by a luxurious clubhouse and premium facilities.



04.

DAMAI INDAH GOLF

Jl. Marina Raya | *12 km from hotel*

05:30 - 20:00

+62 21 5882 388

Designed by Robert Trent Jones Jr., the PIK Course at Damai Indah Golf & Country Club is an 18-hole, par-72 championship course set along North Jakarta's coastal wetlands. Spanning over 6,600 yards, it blends seaside landscapes with a challenging yet versatile layout. With multiple tee options, it offers an enjoyable and balanced experience for golfers of all levels.

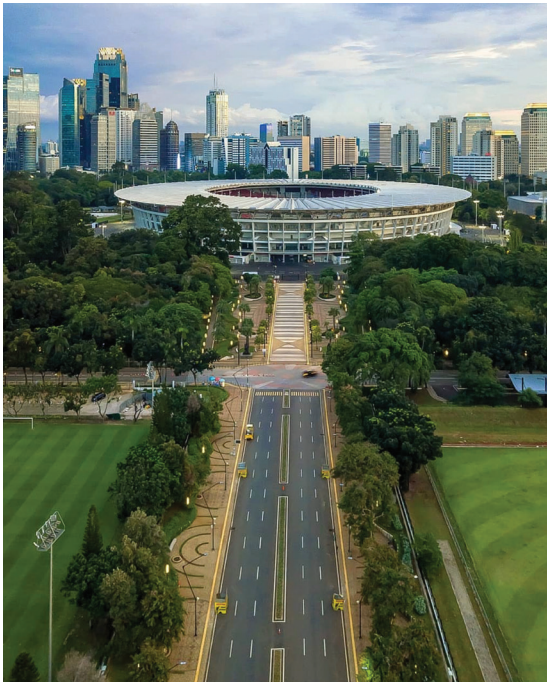


05.

TOPGOLF DE ARJUNA

Jl. Marina Raya | *7 km from hotel*
07:00 - 22:00
+62 21 5882 388

Topgolf Jakarta is a premier entertainment driving range that combines sports, technology, and lifestyle. Featuring high-tech hitting bays with microchipped balls that track accuracy and distance, it offers interactive games for all skill levels. With restaurants, bars, and a lively atmosphere, it's a social hub for both golfers and non-golfers alike.



06.

GELORA BUNG KARNO SPORTS COMPLEX

Jl. Pintu Satu Senayan | *7,8 km from hotel*
24 hours
+62 21 5734 070

Gelora Bung Karno Sports Complex is the largest sports complex in Jakarta, offering facilities for jogging, cycling, walking, and outdoor fitness activities, making it a popular destination for healthy and recreational activities.



07.

VLOCITY ARENA

Wijaya Kusuma | *4,3 km from hotel*

06:00 - 23:00

+62 89 9100 0365

Vlocity Arena is a modern indoor sports facility offering padel tennis and badminton courts. The venue provides well-maintained courts, equipment rental, and a comfortable environment for recreational players, training sessions, and group activities. It is suitable for both beginners and experienced players. Reservations are recommended, especially during peak hours.



08.

NEO TENNIS AREA

Jl. Pintu Satu Senayan | *7,8 km from hotel*

24 hours

+62 21 5734 070

Gelora Bung Karno Sports Complex is the largest sports complex in Jakarta, offering facilities for jogging, cycling, walking, and outdoor fitness activities, making it a popular destination for healthy and recreational activities.



09.

JUST YOGA TAMAN ANGGREK

Mall Taman Anggrek | *0,5 km from hotel*
07:00 - 22:00
+62 81 1969 3778

Just Yoga is a serene sanctuary for wellness and relaxation, offering classes for all levels. Whether beginner or seasoned yogi, enjoy a supportive environment to nurture your mind, body, and spirit. With experienced instructors, every session is an opportunity to find balance and peace.

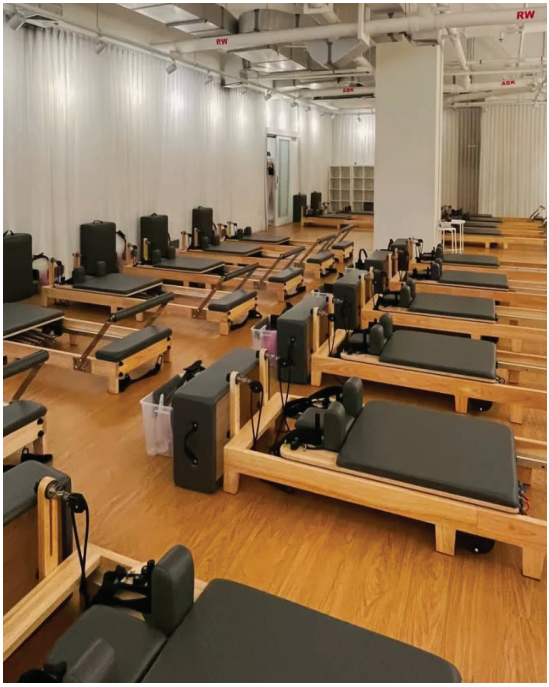


10.

IRWAN TEAM HAIR DESIGN

Jl. Pintu Satu Senayan | *7,8 km from hotel*
10:00 - 22:00
+62 21 5734 070

Irwan Team Hair Design is a premium salon in Jakarta, known for expert stylists and modern techniques. Offering haircuts, coloring, styling, treatments, and nail services, it provides a stylish and comfortable experience for those seeking top-quality grooming.



10.

PILATES COLLECTIVE

Jl. Tanjung Duren Timur | *0,5 km from hotel*

Pilates Collective at Hublife Taman Anggrek is a modern Pilates studio located at Hublife, offering reformer and mat classes designed to improve strength, flexibility, and posture. Guided by certified instructors, it provides a calm and stylish environment suitable for both beginners and experienced practitioners seeking a balanced and healthy lifestyle.



10.

SEADOO SAFARI BAYWALK

Baywalk Mall | *10,6 km from hotel*

09:00 - 15:30

+62 821 2303 1668

Enjoy a thrilling jet ski experience along Jakarta's waterfront with professional guidance. Suitable for beginners and experienced riders, with safety equipment and briefing included.