



SPA MENU



SOFITEL
SPA

LIVE
THE FRENCH
WAY

GO WITH THE FLOW

Treat yourself to *the* French glow.
From radiant facial experiences with Decl or that detox,
cleanse and revitalize to the chic, tranquil setting that
combats the demands of modern life, Sofitel SPA
is the ultimate in French cosmetology.

Here, beauty is more than skin-deep.
Taking care of yourself is a lifestyle and our approach
is multi-dimensional, blending innovation with tradition
to help you look – as well as feel – your absolute best.

Equipped with the savoir-faire, attention to detail
and a passion for modern French art de vivre,
the Sofitel SPA team welcomes you daily from 10 am to 10 pm.

Get your French glow, call +855 (0)23 999 200
or speak to our reception team.

FIND YOUR FRENCH GLOW



REJUVENATE,
THE FRENCH
WAY



SPA MENU

HOLISTIC RETREAT

TRADITIONAL KHMER MASSAGE

60 minutes	\$100
90 minutes	\$120

A healing therapy uses a combination of stretching, gentle rocking and acupressure techniques to remove stress and muscle tension.

SO SIGNATURE

60 minutes	\$110
90 minutes	\$130

Discover the power of Aromatherapy of Sofitel Spa Signature massage with Decléor. This luxurious de-stressing body massage with warm aromatic oil leaves you relaxed, harmoniously balanced and with soft, soothed skin.

DEEP TISSUE

60 minutes	\$100
90 minutes	\$120

Banish tight muscles and alleviate stress levels deep down. Powerful, deep and strongly rhythmic movements make this customized massage a pure therapy for body and soul. Created for you to release the discomfort of aching muscle.

RELAX & DE-STRESS

60 minutes	\$100
90 minutes	\$120

Aromatherapy essential oils help you to relax, unwind, energize or harmonize your well-being. Whether it is for pure relaxation, body firming or refining your silhouette, this highly effective massage will ensure your needs will be met.

Prices are in USD, inclusive of Service Charge & Taxes.



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BODY TREATMENT

MONDULKIRI COFFEE SCRUB

45 minutes

\$60

Using an organic coffee from Mondulkiri Province, produced in a unique climate and chemical-free, the sand-like texture of coffee grounds mixed with honey makes a great exfoliator to remove dead skin cells, which helps to rejuvenate blood circulation.

FIRMING SCRUB

45 minutes

\$65

This firming scrub is perfect to nourish your skin as it gently cleanses the upper stratum corneum, improves blood flow in your body and reduces the look of dimples by tightening the skin.

ORANGE & APRICOT CREAM PEEL

45 minutes

\$75

Orange, apricot kernel and grape micro particles cleanse, smooth and moisturize the skin to renew and oxygenate the body. These jewels restore the skin's radiance thanks to their medium exfoliating power.

THERMAL SPRING SALT SCRUB

45 minutes

\$75

Thermal salts help peel the skin with a great renovating effect. The rich mineral salt content revitalizes, exfoliates, refreshes and energizes the body to renew the skin. Suitable for all skin types.

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SPA MENU

THERAPUTIC & REMEDY RETREAT

HERBAL POUCH HEALER

90 minutes

\$130

Our expert therapists will create your very own tailor made massage oil, combining dry massage and traditional Khmer herb with personalized technique to meet your needs.

HEAD & SHOULDER

45 minutes

\$70

This treatment focuses on neck, shoulders and back to knead away muscular tension and boost relaxation after long hours of work.

FOOT MASSAGE

30 minutes

\$50

60 minutes

\$75

Firm pressure on the solar plexus region of the foot can help to relax the whole body, helping you to sleep better, and leaving you with a rejuvenated energy.

Prices are in USD, inclusive of Service Charge & Taxes.

November 2022



SPA MENU

DECLÉOR

PARIS

ESSENTIAL OILS SKINCARE

FACIAL TREATMENT BY DECLÉOR

QUICK NOURISHING

45 minutes

\$100

This deeply moisturizing treatment includes a gentle, yet effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing Aromessence Neroli concentrate.

LIFT & REPAIR

60 minutes

\$115

This facial has been created to deliver a natural retreat to your skin, helping plump and smooth the appearance of lines and wrinkles, whilst softening and increasing the tone leaving your skin glowing with rosy youthfulness.

Prices are in USD, inclusive of Service Charge & Taxes.



SPA MENU

SPA PACKAGE

QUICK FIX

90 minutes

\$140

This treatment combines a body scrub to exfoliate the skin, followed by a massage to pummel away aches.

- Choice of 60 minutes body massage
- Choice of body scrub

BODY TUNE-UP

150 minutes

\$170

This treatment starts with herbal steam followed by a body scrub and a relaxing massage completed with a facial treatment.

- Herbal steam
- Choice of body scrub
- Choice of 60 minutes body massage
- Quick Nourishing Facial

Prices are in USD, inclusive of Service Charge & Taxes.

November 2022



SPA DISCLAIMER

DISCLAIMER

Sofitel SPA treatments are provided for the general relaxation purpose and are not intended to be a substitute for professional medical treatment.

Sofitel SPA management and heartists hold no responsibilities on all liabilities, claims, expenses, damages and losses, including legal fees, arising out of or in connection with the spa treatments, services and/or facilities.

RESERVATION & CANCELLATION

It is recommended to book your treatment in advance. Sofitel SPA is open daily from 10:00 am to 10:00 pm and the last appointment is at 8:30 pm.

A 24-hour notice is required to re-reschedule the appointment, subject to availability. Any cancellation with less than 2 hours' notice will incur a 50% cancellation fee and full charge will be imposed for a "no-show".

Please contact Sofitel SPA at Tel: + 855 23 999 200 or
e-mail: h6526-th2@sofitel.com

ARRIVAL TIME

We encourage you to arrive at least 15 minutes prior to the scheduled treatment as it may result in a reduced treatment time to accommodate the next guest fairly.

Prior to your appointment, a robe and slippers will be provided for the treatment as well as disposable undergarment available on request.



SPA DISCLAIMER

SOCIAL RULES

Sofitel SPA strongly recommends that guests do not wear or bring any jewelry and valuable. Sofitel SPA is not responsible of any loss, damages or stolen of any jewelry and other valuables brought into the spa.

To ensure the comfort of others, please refrain from smoking and using your mobile inside the spa.

We remind to our guests that services provided in Sofitel SPA are strictly professional. Any unusual behaviour towards our therapists will automatically result in the treatment ending and guests being handled by the Management or Cambodian's authority. Full payment of the treatment will automatically be due.

Admission to the spa is only for persons over 16 years of age.

HEALTH CONSIDERATION

Sofitel SPA strongly recommends that guests who have high blood pressure, heart problems, pregnant or any other medical conditions, to consult their doctors before signing up for spa services and inform the spa heartists.

S O F I T E L

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